



# ASPEN

## A N E S T H E S I A

Snowmass, Colorado • Jan. 28–Feb. 4, 2023



# HOLIDAY SEMINARS

Excellence in Anesthesia CME

• Presented at Some of the World's Finest Resorts •





Aspen Anesthesia • Jan. 28–Feb. 4, 2023



# Snowmass Village

## The World's Greatest Ski Resort!

Your winter wonderland awaits with over 3,300 breathtaking acres of prime ski terrain to explore. From the seminar at the luxurious Viceroy Snowmass Resort to any advertised lodging, enjoy the simplicity of ski-in, ski-out access to the country's most lift-served vertical and 98 trails. With gentle beginner slopes and sweeping intermediate cruisers to extreme pitches that challenge even the best, Aspen Anesthesia is one CME that the whole family will love.

**\$150+**  
of Rebates  
and Bonuses  
Available!

**22 Hours AMA  
PRA Category  
1 Credit™**

**22 Hours AANA  
Class A CE Credits  
Code: 1042481**

### ON-SITE TUITION FEES

**When you register by 12/31/22:**

**\$1,125** Physicians, CRNAs, & Other Healthcare Professionals

**\$975** Physicians and Nurses in Training  
(LETTER FROM CHAIRMAN REQUIRED)

### LATE TUITION FEES

**When you register after 12/31/22:**

**\$1,225** Physicians, CRNAs, & Other Healthcare Professionals

**\$1,075** Physicians and Nurses in Training  
(LETTER FROM CHAIRMAN REQUIRED)

### LIVESTREAM ONLY FEES

**\$750** Physicians, CRNAs, & Other Healthcare Professionals  
(FOR REMOTE PARTICIPATION ONLY/NOT TRAVELING ON-SITE)

### ON-SITE TUITION INCLUDES

- Admission to Lectures (AND LIVESTREAM ACCESS)
- 22 Hours AMA PRA Category 1 Credit™ for Physicians
- 22 Prior Approval Class A CE's Awarded by the AANA Code 1042481
- Electronic Syllabus: Downloadable PDF and Flash Drive (OR PRINTED FOR ADDITIONAL \$95)
- Breakfast at Each Morning Session and Snacks at Each Afternoon Session (FOR REGISTRANTS ONLY)
- Picnic on the Mountain & Nastar Race
- Reception Sunday Evening (FOR ATTENDEE AND SPOUSE/FRIEND)

### LIVESTREAM ONLY TUITION INCLUDES

- Lectures via Livestream Access
- 22 Hours of AMA PRA Category 1 Credit™ for Physicians
- 22 Prior Approval Class A CE's Awarded by the AANA Code 1042481
- Electronic Syllabus: Downloadable PDF

\*DOES NOT INCLUDE ON-SITE ACCESS, BONUSES, OR DISCOUNTS



# LECTURE SCHEDULE

## SUNDAY, JANUARY 29

4:30 PM-6:00 PM Welcome Reception for Attendee and Spouse/Guest

## MONDAY, JANUARY 30

7:00 AM Dr. Slinger Update on Lung Isolation and One-Lung Ventilation  
 8:00 AM Dr. Abdelmalak Difficult Airway Management: Highlights of the New 2022 ASA Guidelines  
 4:30 PM Dr. Allen The Needle or the Tube: Evidence for General versus Regional Anesthesia  
 5:30 PM Dr. Schell Choosing Inotropes and Vasopressors in 2023:  
 What is Your Perioperative Goal?  
 6:30 PM Panel Discussion Drs. Schell, Abdelmalak, Allen, and Slinger

## TUESDAY, JANUARY 31

7:00 AM Dr. Arendt Preventing Maternal Mortality in 2023: The Role of Anesthesia  
 8:00 AM Dr. Allen What is Plain About Planes: Evidence for Fascial Blocks  
 4:30 PM Dr. Abdelmalak Non-Operating Room Anesthesia (NORA): Complexities and Opportunities  
 5:30 PM Dr. Slinger Management of Patients with Anterior Mediastinal Masses and Other  
 Lower Airway Problems  
 6:30 PM Panel Discussion Drs. Schell, Abdelmalak, Allen, Arendt, and Slinger

## WEDNESDAY, FEBRUARY 1

7:00 AM Dr. Abdelmalak High Flow Nasal Cannula Oxygenation: Clinical Perspectives  
 8:00 AM Dr. Slinger Will This Patient Survive a Lung Resection? How Can We Help?  
 4:30 PM Dr. Arendt Cardiac Arrest in Pregnancy  
 5:30 PM Dr. Arendt A Guided Walk Through Clinical Conundrums in Obstetric Anesthesia  
 6:30 PM Panel Discussion Drs. Schell, Abdelmalak, Arendt, and Slinger

## THURSDAY, FEBRUARY 2

7:00 AM Dr. Allen 4 Keys to Managing the Opioid Dependent Patient  
 8:00 AM Dr. Slinger Intraoperative Management of the Patient with Severe Lung Disease  
 4:30 PM Dr. Arendt Emotional Intelligence: Communication at Work  
**The Dr. Bill Smith Lecture Series Presentation**  
 5:30 PM Dr. Abdelmalak Perioperative Glycemic Management  
 6:30 PM Panel Discussion Drs. Schell, Abdelmalak, Allen, Arendt, and Slinger

## FRIDAY, FEBRUARY 3

7:00 AM Dr. Schell Perioperative Coagulation Optimization: When Should I Use TXA, DDAVP, aVII, and PCCs?  
 8:00 AM Dr. Allen Clinical Conundrums in Regional Anesthesia and Acute Pain Medicine

\*PLEASE NOTE THAT THE LECTURE TOPICS AND/OR SCHEDULE MAY CHANGE IF NECESSARY.



## EARLY BIRD BONUSES

<sup>1</sup>Register for the seminar by October 31, 2022 for:

- **FREE 2-Day Ski Rental from Gene Taylor's Sports<sup>2</sup>**

<sup>2</sup>Standard Rental Package (a \$50 value). May be applied to Deluxe and Demo rental packages.

- **\$75 Merchandise Gift Certificate from Gene Taylor's Sports<sup>3</sup>**

<sup>3</sup>To qualify, you must also reserve 5 or more nights at any of our advertised Snowmass lodging options by October 31, 2022. Reservations must be made directly by phone (or via the group booking links from our website) under the Aspen Anesthesia group name at our advertised group rates. Any other reservations will not qualify.



## ASPEN SPEAKERS



**Randall M. Schell, M.D., MACM**  
 Faculty Program Chair  
 Professor of Anesthesiology  
 University of Kentucky College of Medicine  
 Lexington, KY



**Basem Abdelmalak, M.D., FASA, SAMBA-F**  
 Professor of Anesthesiology  
 Director, Anesthesia for Bronchoscopic Surgery  
 Director, Center for Procedural Sedation  
 Anesthesiology Institute, Cleveland Clinic  
 Past President, Society for Ambulatory Anesthesia  
 Past President, Society for Head and Neck Anesthesia  
 Cleveland, OH



**Brian F.S. Allen, M.D., FASA**  
 Associate Professor of Anesthesiology  
 Director, Regional Anesthesiology and  
 Acute Pain Medicine Fellowship  
 Vanderbilt University Medical Center  
 Nashville, TN



**Katherine W. Arendt, M.D.**  
 Professor of Anesthesiology  
 Division Chair and Associate Practice Chair  
 Department of Anesthesiology and Perioperative Medicine  
 Mayo Clinic  
 Rochester, MN



**Peter D. Slinger, M.D., FRCP(C)**  
 Professor, Department of Anesthesia  
 University of Toronto  
 Staff Anesthesiologist  
 Toronto General Hospital  
 Toronto, Ontario, Canada

## ALUMNI BONUSES

<sup>1</sup>If you have attended three or more Holiday Seminars, take your pick between:

- 1) A \$40 ASPEN SKIING CO. GIFT CARD**  
 for group lift ticket purchases, on-mountain meals,  
 or Four Mountain Sports
- 2) A \$60 MERCHANDISE GIFT CERTIFICATE**  
 from Gene Taylor's Sports

If you've been with us for ten or more meetings, you and a guest will also be invited to an Alumni Dinner.

## TO ENSURE ROOM AVAILABILITY BOOK BEFORE OCT. 31

Be sure you identify yourself as attending Aspen Anesthesia.





# Lowest Lodging Rates with Holiday Seminars

For the lowest rate available, call any of the properties listed below (or more on our website) and mention you are with Aspen Anesthesia.<sup>4</sup>



## VICEROY SNOWMASS RESORT • 1-877-235-7577 • FROM \$450/NT

Conference headquarters for Aspen Anesthesia! Rated best ski hotel in the nation by *USA TODAY* and #1 resort in Colorado by *Travel + Leisure*, modern luxury and specialized service abound at this beautiful ski-in, ski-out resort at the base of Snowmass. The luxurious Viceroy offers breathtaking mountain views, elegant amenities, in-room kitchens, fireplaces, two excellent restaurants and a coffee shop, and unparalleled hospitality. Soothe your muscles in the slopeside heated pool and hot tubs, or find sanctuary at the decadent Ute Indian-inspired wellness spa. Special group amenities include discounted room rates (the standard rate is \$799+/nt), spa discounts, and a discounted \$25 daily resort fee (regularly \$50) that includes Wi-Fi in guest rooms and meeting room, fitness studio access, coffee and espresso in rooms, courtesy Aspen airport and Snowmass Village transportation, and more. Book your stay today, as the Viceroy will fill up fast!



CRESTWOOD CONDOMINIUMS  
1-800-356-5949  
FROM \$319/NT



STONEBRIDGE INN  
1-844-330-1859  
10% Off Rates



TIMBERLINE CONDOMINIUMS  
1-800-922-4001  
FROM \$327/NT

## Visit [HolidaySeminars.com](http://HolidaySeminars.com) for More Lodging Options.

<sup>4</sup>Call properties direct and mention **Aspen Anesthesia** for special rates (not available through property websites or reservation agencies).

# Aspen Anesthesia Extras... Just For You

Below are some of the fantastic extras you get when you choose Holiday Seminars' Aspen Anesthesia!



## 40% OFF Ski Rental

For you, your family and friends.

## Lowest Lift Ticket Prices Only \$100

As low as \$90-\$100 a day for you, your family and friends - up to 45% off! Normally \$177 a day when 7-day tickets are purchased on the slopes. Plus our group lift tickets will have priority if a reservations system becomes necessary, so these are the best bet for unrestricted mountain access this winter!

## Free Raffle – Over 40 Winners

We will give away skis, helmets, gloves, equipment, accessories, massages at the spa, and more during our free raffle on Monday... over 40 winners!

## 20% OFF Purchases at Gene Taylor's Sports

For you, your family and friends.

## So Much More!

Discounts on ski lessons, restaurants, car rentals, snowmobiling, spa, merchandise, and more. See our website for full details, [www.HolidaySeminars.com](http://www.HolidaySeminars.com).

## Offering the Ultimate Flexibility for Our Seminars

The resorts have had lots of practice on how to keep things running successfully during covid, so they are ready for you! We will be holding the meetings on-location this winter so that you can travel to and enjoy the area. We will also offer the ultimate flexibility so that you can choose your own comfort level, where you can choose to be in the meeting room or watch the livestream of the lectures from your device in your own room or condo, with videos to catch up afterwards as well. If you are not comfortable with traveling this year, a livestream-only registration option is available for remote participation.

See the COVID Updates page on our website for the latest updates about meeting plans.







# The Best in Anesthesia CME for Over 40 Years



Over forty years and thousands of attendees later, Dr. Wm. O.T. Smith, M.D., his wife Bonnie, and their daughter, Jenny, continue to make Holiday Seminars the best in anesthesia continuing education. An anesthesiologist himself, Dr. Smith goes to great lengths to select highly qualified dynamic speakers who present practical information designed to improve your anesthesia practice.

The Smiths, alongside family members Kathy Ross and Marty Swanson, are dedicated to ensuring even the smallest conference details are deftly handled to fully enhance your Holiday Seminars experience. Beyond providing the best anesthesia CME experience, the team believes in sharing their family values with you, such as creating lasting memories through travel, carving out time in busy schedules to include incredible experiences that enrich life and help battle burnout, and making new friends along the way. We go to great lengths to offer a meaningful and top-notch experience, with a personal touch. Register now for your chance to learn from the best in some of the most relaxing and rejuvenating locations.

## Features For All Seminars:

### ENJOY EARLY BIRD BONUSES

Each seminar offers an early bird bonus for your benefit. Whether it is \$100 applied to any resort activity, or free ski rental, you should definitely take advantage of these offers and book early!

### ALUMNI BONUSES

Take advantage of our Accumulating Bonuses for Alumni. Combine your seminar attendance status from multiple meetings to use at ANY Holiday Seminars location. So if you have attended 3 or more Holiday Seminars, you qualify for our Alumni Bonus.

If you have attended 10 or more Holiday Seminars, you and a guest are also invited to a special Alumni Dinner to show our appreciation. Thanks for continuing to choose Holiday Seminars!

### SEMINAR OBJECTIVES

To review related physiology, pharmacology, agents and techniques that contribute to the art and science of anesthesiology. To discuss new agents, techniques and controversies in the field, assisting the participant in preparing better anesthesia care plans for their patients. **Specific objectives for each seminar and lecture are listed on the schedule page of our website.**

### ACCREDITATION

Holiday Seminars is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. As an accredited organization for continuing medical education, Holiday Seminars designates the:

**Aspen Anesthesia Seminar** as meeting the criteria for 22 hours of AMA PRA Category 1 Credit™ for physicians: this program has been prior approved by the American Association of Nurse Anesthesiology for 22 Class A CE Credits: Code Number 1042481; Expiration Date 2/3/2023, and the:

**Maui Anesthesia Seminar** as meeting the criteria for 20 hours of AMA PRA Category 1 Credit™ for physicians: this program has been prior approved by the American Association of Nurse Anesthesiology for 20 Class A CE Credits: Code Number 1042417; Expiration Date 3/3/2023.

### RESPONSIBILITY

These study seminars outlined herein will be carried out under the business management of Holiday Seminars, Inc. Holiday Seminars and its agents hold itself free from responsibility with hotel accommodations, tours, motorcoach, car, and any other means of transportation, damages, strikes, loss, injury, accidents, a pandemic, sickness, death, acts of terrorism, travel risks, change of schedule, and/or inconvenience to passengers and belongings. See our website for Attendee/Traveler Responsibilities.

### CANCELLATION POLICY

For cancellations more than 60 days prior to the first event of the seminar, the cancellation fee is \$100 (to cover credit card fees and administrative costs). For cancellations 30-60 days prior to the first event, the cancellation fee is \$200. There are no refunds for cancellations less than 30 days prior to the first event; however, the tuition can be applied to a future seminar through the next year. If the seminar can't take place as originally planned due to the pandemic, you will still be able to access the lectures in video format and earn the credits, or the tuition can be applied to a future seminar through the next year. Lodging refunds vary according to individual properties.

## REFER A COLLEAGUE OR FRIEND... GET A BONUS

Share your knowledge of Holiday Seminars with fellow friends and colleagues... refer them to Holiday Seminars and receive a bonus just for you! Refer a first-time attendee to any one of our meetings, and tell our office who you referred ahead of the seminar. Once they sign-up and attend one of our premier continuing education seminars, we'll give you \$50! There's no limit - refer as many friends as you like and you'll receive \$50 for each one! The Holiday Seminars team sincerely thanks you for all of your continued support.

# Registration Form

Register online at [www.HolidaySeminars.com](http://www.HolidaySeminars.com) or complete this form and fax to:  
1-970-923-9640. Please check appropriate boxes and print clearly!

CONTACT  
US IF YOU  
DON'T RECEIVE  
CONFIRMATION  
WITHIN 2 WEEKS

## ASPEN ANESTHESIA • January 28–February 4, 2023

### TUITION BY DECEMBER 31, 2022

- ☐ \$1,125 Physicians, CRNAs, and Other Healthcare Professionals  
☐ \$975 Physicians and Nurses in Training (Letter from Chairman Required)

### LATE TUITION AFTER DECEMBER 31, 2022

- ☐ \$1,225 Physicians, CRNAs, and Other Healthcare Professionals  
☐ \$1,075 Physicians and Nurses in Training (Letter from Chairman Required)

### LIVESTREAM ONLY TUITION

(FOR REMOTE PARTICIPATION ONLY, NOT TRAVELING ON-SITE)

- ☐ \$750 Physicians, CRNAs, and Other Healthcare Professionals

### EARLY REGISTRATION BONUS (by 10/31/2022, see details on page 3)

- ☐ Free 2-Day Ski Rental to Gene Taylor's Sports<sup>2</sup>  
☐ \$75 Merchandise Gift Card to Gene Taylor's Sports<sup>3</sup>

### ADDITIONAL ALUMNI BONUS

If this is your 3rd (or more) Holiday Seminars conference, please check one:

- ☐ \$60 Gene Taylor's Gift Card OR ☐ \$40 Aspen Skiing Co. Gift Card

This is a small token of thanks for continuing to choose Holiday Seminars.



Dr., Mr., Mrs., Ms., Miss \_\_\_\_\_

Degree: ☐ MD ☐ DO ☐ CRNA (AANA # \_\_\_\_\_) ☐ AA ☐ PA ☐ RN \_\_\_\_\_ Other \_\_\_\_\_

MD/DO: Provide your correct ABA # if you'd like us to report credits for PARS/MOCA: \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone (work, home, mobile) \_\_\_\_\_

Email Address<sup>2</sup> \_\_\_\_\_ Password<sup>2</sup> \_\_\_\_\_

This will be your Login at [www.HolidaySeminars.com](http://www.HolidaySeminars.com)

This will be your Password at [www.HolidaySeminars.com](http://www.HolidaySeminars.com)

Syllabus Type: ☐ Electronic: Downloadable PDF and Flash Drive (Included with On-Site Tuition) ☐ Printed (Additional \$35)

I have/will reserve lodging at (hotel/condo) \_\_\_\_\_

The reservation is in the name of \_\_\_\_\_

Payment: ☐ Check enclosed (payable to Holiday Seminars) ☐ Visa ☐ MasterCard

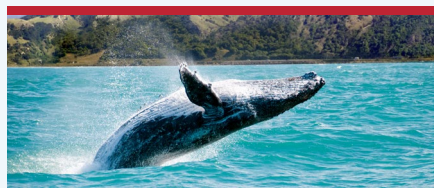
Account # \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVV (3-digit code) \_\_\_\_\_

**By initialing here and registering for Holiday Seminars, you accept the Attendee/Traveler Responsibilities posted on our website. (mandatory to register)**

Authorized Signature \_\_\_\_\_

<sup>2</sup>You will need a Login and Password to be able to affirm your attendance hours and print/download your certificate of attendance at [www.HolidaySeminars.com](http://www.HolidaySeminars.com).

To learn more about our amazing seminars, visit our website at [www.HolidaySeminars.com](http://www.HolidaySeminars.com) or call us at 1-877-859-0550. Plus follow us on our social media channels to keep up-to-date!



## MAUI ANESTHESIA

February 25–March 4, 2023

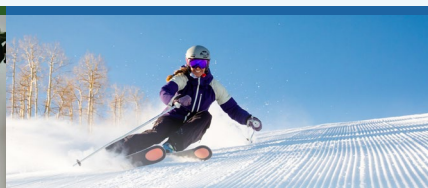
Hyatt Regency Maui Resort & Spa • 20 Hours Credit  
A Seminar Located on a Tropical Island Paradise



## ONLINE CMEs & CEs

Available Now!

Earn 20 to 22 CMEs or CEs online anytime, anywhere...  
even from the comfort of your favorite chair!



## ASPEN ANESTHESIA

January 28–February 4, 2023

Viceroy Snowmass Resort • 22 Hours Credit  
A Seminar Located on 3,300 Acres of Ski Terrain



The Holiday Seminars staff and experience are top notch.  
You guys are the gold standard for CME meetings.

–Aspen Anesthesia Attendee

