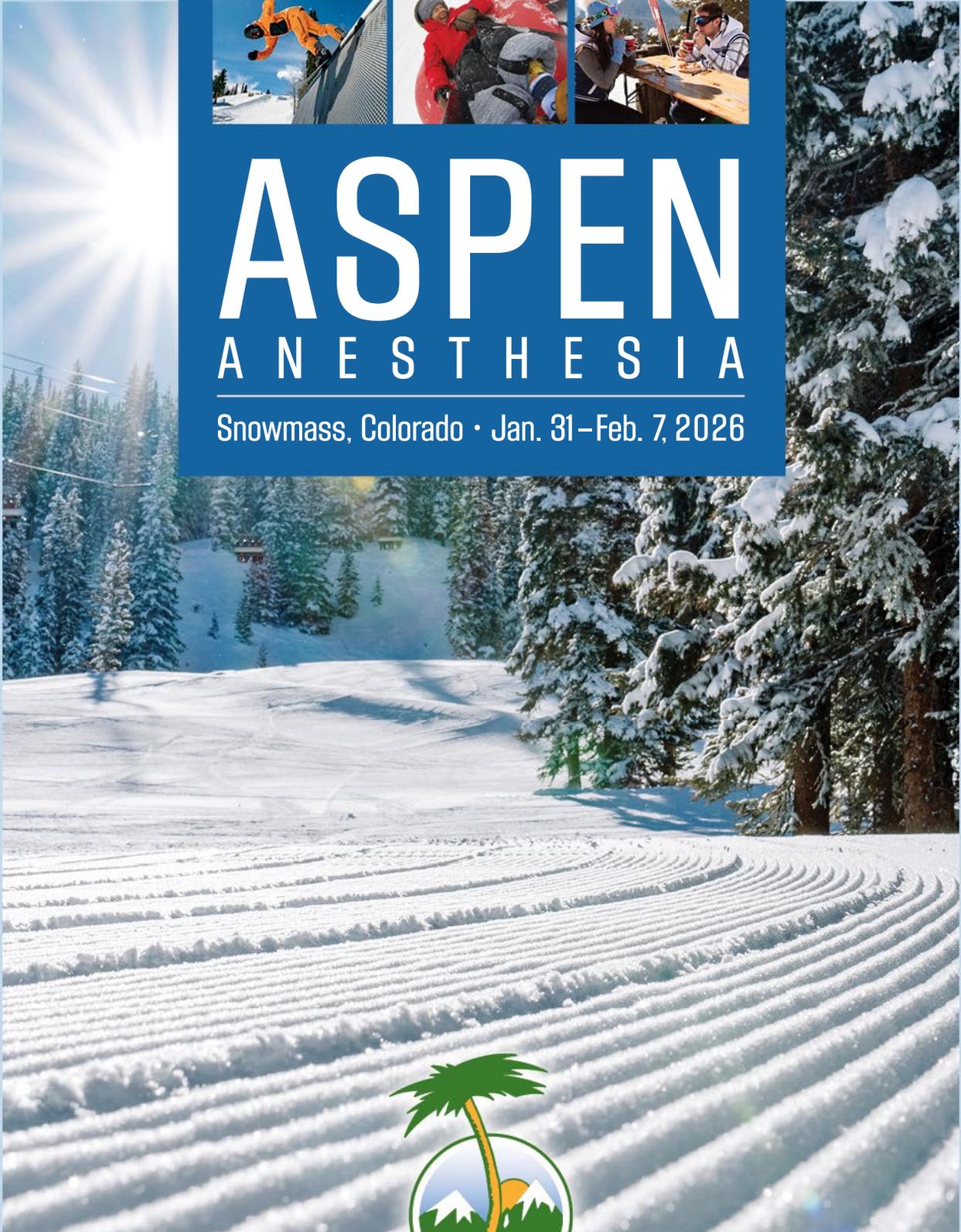




# ASPEN

## A N E S T H E S I A

Snowmass, Colorado • Jan. 31–Feb. 7, 2026



# HOLIDAY SEMINARS

## Excellence in Anesthesia CME

• Presented at Some of the World's Finest Resorts •



# Snowmass Village

## The World's Greatest Ski Resort!

Your winter wonderland awaits with over 3,300 breathtaking acres of prime ski terrain to explore. From the seminar at the luxurious Viceroy Snowmass Resort to any advertised lodging, enjoy the simplicity of ski-in, ski-out access to the country's most lift-served vertical and 98 trails. With gentle beginner slopes and sweeping intermediate cruisers to extreme pitches that challenge even the best, Aspen Anesthesia is one CME that the whole family will love.

**\$150+**  
of Rebates  
and Bonuses  
Available!

**22 Hours AMA  
PRA Category  
1 Credit™**

**22 Hours AANA  
Class A CE Credits  
Code: 1046080**

### ON-SITE TUITION FEES

**When you register by 12/31/25:**

**\$1,225** Physicians, CRNAs, & Other Healthcare Professionals

**\$1,025** Physicians and Nurses in Training  
(LETTER FROM CHAIRMAN REQUIRED)

### LATE TUITION FEES

**When you register after 12/31/25:**

**\$1,325** Physicians, CRNAs, & Other Healthcare Professionals

**\$1,125** Physicians and Nurses in Training  
(LETTER FROM CHAIRMAN REQUIRED)

### LIVESTREAM ONLY FEES

**\$750** Physicians, CRNAs, & Other Healthcare Professionals  
(FOR REMOTE PARTICIPATION ONLY/NOT TRAVELING ON-SITE)

### ON-SITE TUITION INCLUDES

- Admission to Lectures (AND LIVESTREAM ACCESS)
- 22 Hours *AMA PRA Category 1 Credit™* for Physicians
- 22 Prior Approval Class A CE's Awarded by the AANA Code 1046080
- Electronic Syllabus: Downloadable PDF
- Breakfast at Each Morning Session (FOR REGISTRANTS ONLY)
- Snacks at Each Afternoon Session (FOR REGISTRANTS ONLY)
- Picnic on the Mountain & Nastar Race
- Reception Sunday Evening (FOR ATTENDEE AND SPOUSE/FRIEND)

### LIVESTREAM ONLY TUITION INCLUDES

- Lectures via Livestream Access
- 22 Hours of *AMA PRA Category 1 Credit™* for Physicians
- 22 Prior Approval Class A CE's Awarded by the AANA Code 1046080
- Electronic Syllabus: Downloadable PDF

\*DOES NOT INCLUDE ON-SITE ACCESS, BONUSES, OR DISCOUNTS



# LECTURE SCHEDULE

## SUNDAY, FEBRUARY 1

4:30-6:00 PM Welcome Reception for Attendee and Spouse/Guest

## MONDAY, FEBRUARY 2

- 7:00 AM Dr. Kharasch GLP-1 Agonists: Sorting Through Evidence, Guidance, and Recommendations
- 8:00 AM Dr. Bronshteyn Abdominal Ultrasound for the Anesthesia Provider: Gastric, FAST Exam, and Beyond!
- 4:30 PM Dr. Flexman Update on Postoperative Delirium
- 5:30 PM Dr. Tsen Anesthesia for Cesarean Delivery: Updates
- 6:30 PM Panel Discussion Drs. Tsen, Bronshteyn, Flexman, and Kharasch

## TUESDAY, FEBRUARY 3

- 7:00 AM Dr. Flexman Clinical Monitoring for Perioperative Stroke: Updates and Controversies
- 8:00 AM Dr. Tsen Non-Operating Room Anesthesia (NORA): Considerations and Complications
- 4:30 PM Dr. Bronshteyn Lung Ultrasound in the Perioperative Period: How Can It Help Me?
- 5:30 PM Dr. Flexman The Aging Surgical Population: Optimizing Value and Outcomes
- 6:30 PM Panel Discussion Drs. Tsen, Bronshteyn, and Flexman

## WEDNESDAY, FEBRUARY 4

- 7:00 AM Dr. Bronshteyn POCUS Logistics and Educating Your Group: Training, Credentialing/Privileging, and Billing
- 8:00 AM Dr. Kharasch Perioperative Methadone in Adults and Children: Application and Benefit
- 4:30 PM Dr. Flexman Enhanced Recovery and Value Based Care for Spine Surgery: Update on Current Evidence
- 5:30 PM Dr. Bronshteyn Cardiac Ultrasound for the Non-Cardiac Anesthesia Provider: Pre-Op Assessment and Crisis Management
- 6:30 PM Panel Discussion Drs. Tsen, Bronshteyn, Flexman, and Kharasch

## THURSDAY, FEBRUARY 5

- 7:00 AM Dr. Tsen After the Wet Tap: Spinal Catheters and Post-Dural Puncture Headache
- 8:00 AM Dr. Kharasch Perioperative Gabapentinoids: Slow, Stop, or Reverse?
- 4:30 PM Dr. Kharasch Can You Believe It? How to Critically Read the Medical Literature
- 5:30 PM Dr. Bronshteyn POCUS Off the Beaten Path: DVT, Diaphragm, and Beyond
- 6:30 PM Panel Discussion Drs. Tsen, Bronshteyn, and Kharasch

## FRIDAY, FEBRUARY 6

- 7:00 AM Dr. Kharasch Patients Post-PACU: Out of Sight, Out of Mind?
- 8:00 AM Dr. Flexman Top Articles in Neuroanesthesia

\*Please note that the lecture topics and/or schedule may change if necessary.

# ASPEN SPEAKERS



## Lawrence C. Tsen, M.D. – Faculty Program Chair

Director, Human Research Office  
Director of Anesthesia, MGB Center for Reproductive Medicine  
Department of Anesthesiology, Perioperative and Pain Medicine  
Mass General Brigham  
Professor of Clinical Anaesthesia  
Harvard Medical School  
Past President, Society for Obstetric Anesthesia and Perinatology  
Boston, MA



## Yuriy S. Bronshteyn, M.D.

Associate Professor of Anesthesiology  
Duke University School of Medicine  
Director of Point-of-Care Ultrasound, Surgical Intensive Care Unit  
Duke University Hospital  
Section Editor for POCUS, OpenAnesthesia.org  
Editor, ASA Editorial Board on Point-of-Care Ultrasound  
Past Chair, ASA Ad Hoc Committee on Point-of-Care Ultrasound  
Durham, NC



## Alana M. Flexman, M.D., MBA, FRCPC

Clinical Associate Professor  
University of British Columbia  
Affiliated Scientist, Center for Advancing Health Outcomes  
Department of Anesthesia, St. Paul's Hospital  
Editor-in-Chief, Journal of Neurosurgical Anesthesiology  
Vancouver, BC, Canada



## Evan D. Kharasch, M.D., Ph.D.

Professor of Anesthesiology  
Duke University School of Medicine  
Past Editor-in-Chief, *Anesthesiology*  
Durham, NC



# EARLY BIRD BONUSES

<sup>1</sup>Register for the seminar by October 31, 2025 for:

- **FREE \$50 Ski Rental Gift Certificate for Gene Taylor's Sports<sup>2</sup>**

<sup>2</sup>May be applied to Standard, Deluxe and Demo rental packages.

- **\$75 Merchandise Gift Certificate for Gene Taylor's Sports<sup>3</sup>**

<sup>3</sup>You must register for on-site tuition AND reserve 5 or more nights at any of our advertised Snowmass lodging options by October 31, 2025. Reservations must be made directly by phone (or via the group booking links from our website) under the Aspen Anesthesia group name at our advertised group rates. Any other reservations will not qualify.

# ALUMNI BONUSES

<sup>1</sup>If you have attended three or more Holiday Seminars, you will receive your choice of:

- 1) **A \$40 ASPEN SKIING CO. GIFT CERTIFICATE** for group lift ticket purchases, on-mountain dining, or Four Mountain Sports
- 2) **A \$60 MERCHANDISE GIFT CERTIFICATE** for Gene Taylor's Sports

If you've been with us for ten or more meetings, you and a guest will also be invited to an Alumni Dinner.

## TO ENSURE ROOM AVAILABILITY BOOK BEFORE SEPT. 30

Be sure you identify yourself as attending Aspen Anesthesia, and book right away for the best rates!

# Lowest Lodging Rates with Holiday Seminars

For the lowest rate available, call any of the properties listed below (or more on our website) and mention you are with the **Aspen Anesthesia group**.<sup>4</sup> Many rates increase with time so book right away!



## VICEROY SNOWMASS RESORT • 1-877-235-7577 • FROM \$490/NT

Conference headquarters for Aspen Anesthesia! Viceroy, the only luxury ski resort in Snowmass Village, was rated best ski hotel in the nation by *USA TODAY* while receiving a Gold Badge Best Hotel by *US News & World Report Best Hotels Rankings*. This beautiful ski-in, ski-out resort at the base of Snowmass offers luxurious, sophisticated rooms providing you with serenity and coziness, elegant amenities, in-room kitchens, and fireplaces. Enjoy two excellent restaurants, a coffee shop, ski valet, and unparalleled hospitality. Soothe your muscles in the slopeside heated pool and hot tubs, or find sanctuary at the decadent Ute Indian-inspired wellness spa. Special group amenities include discounted room rates (the standard rate is \$1,050+/nt), spa discounts, and a discounted \$30 daily resort fee (regularly \$50) that includes Wi-Fi in guest rooms and meeting room, fitness studio access, coffee and espresso in rooms, courtesy Aspen airport and Snowmass Village transportation, and more. Book your stay today, as the Viceroy is filling up faster than ever!



CRESTWOOD CONDOMINIUMS  
1-800-356-5949  
FROM \$374/NT



STONEBRIDGE INN  
1-844-330-1859  
10% Off Rates



TIMBERLINE CONDOMINIUMS  
1-800-922-4001  
FROM \$367/NT

## Visit [HolidaySeminars.com](http://HolidaySeminars.com) for More Lodging Options.

<sup>4</sup>Call properties direct and mention **Aspen Anesthesia** for special rates (not available through property websites or reservation agencies).



Complimentary  
Nastar Races  
for Everyone

## Aspen Anesthesia Extras... Just For You

Below are some of the fantastic extras and discounts you get when you choose Holiday Seminars' Aspen Anesthesia!

### 40% OFF SKI RENTAL

For you, your family and friends.

### LOWEST LIFT TICKET PRICES: ONLY \$99 – \$145

As low as \$99 - \$145 a day for you, your family and friends - up to 44% off! Normally \$254 a day when 7-day tickets are purchased on the slopes. Plus no reservations are necessary with our group lift tickets, so they are the best bet for unlimited mountain access!

### FREE DRAWING

We will give away ski accessories, massages at the spa, dining certificates, and more during our free drawing on Monday!

### 20% OFF SPA TREATMENTS AT THE VICEROY FROM 10AM–3PM

For you, your family and friends.

### SO MUCH MORE!

Discounts on airport shuttle service, ski lessons, restaurants, car rentals, spa, snowmobiling, and more. See our website for full details, [HolidaySeminars.com](http://HolidaySeminars.com).

## Offering the Ultimate Flexibility for Our Seminars

We offer the ultimate flexibility at our seminars so that you can choose to be in the meeting room or watch the livestream of the lectures from your device in your own room or condo, with videos to catch up afterwards as well. If you are unable to travel on-site, a livestream-only registration option is available for remote participation.



# The Best in Anesthesia CME for 45 Years



Forty-five years and thousands of attendees later, Jenny Smith continues the legacy of her parents Dr. Wm. O.T. and Bonnie Smith to make Holiday Seminars the best in anesthesia continuing education. With the help of Dr. Lawrence Tsen, a leader in anesthesia education, we go to great lengths to select highly qualified dynamic speakers who present practical information designed to improve your anesthesia practice.

The Smiths, alongside family members Marty Swanson and Kathy Ross, are dedicated to ensuring even the smallest conference details are deftly handled to fully enhance your Holiday Seminars experience. Beyond providing the best anesthesia CME experience, the team believes in sharing their family values with you, such as creating lasting memories through travel, carving out time in busy schedules to include incredible experiences that enrich life and help battle burnout, and making new friends along the way. We go to great lengths to offer a meaningful and top-notch experience, with a personal touch. Register now for your chance to learn from the best in some of the most relaxing and rejuvenating locations.

## Features For All Seminars:

### ENJOY EARLY BIRD BONUSES

Each seminar offers an early bird bonus for your benefit. Whether it is \$100 applied to any resort activity, or \$125 in ski shop certificates, you should definitely take advantage of these offers and book early!

### ALUMNI BONUSES

Take advantage of our Accumulating Bonuses for Alumni. Combine your seminar attendance status from multiple meetings to use at ANY Holiday Seminars location. So if you have attended 3 or more Holiday Seminars, you qualify for our Alumni Bonus.

If you have attended 10 or more Holiday Seminars, you and a guest are also invited to a special Alumni Dinner to show our appreciation. Thanks for continuing to choose Holiday Seminars!

### SEMINAR OBJECTIVES

To review related physiology, pharmacology, agents and techniques that contribute to the art and science of anesthesiology. To discuss new agents, techniques and controversies in the field, assisting the participant in preparing better anesthesia care plans for their patients. **Specific objectives for each seminar and lecture are listed on the schedule page of our website.**

### ACCREDITATION

Holiday Seminars is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. As an accredited organization for continuing medical education, Holiday Seminars designates the:

**Aspen Anesthesia Seminar** as meeting the criteria for 22 hours of *AMA PRA Category 1 Credit™* for physicians; this program has been prior approved by the American Association of Nurse Anesthesiology for 22 Class A CE Credits; Code Number 1046080; Expiration Date 2/6/2026, and the:

**Maui Anesthesia Seminar** as meeting the criteria for 20 hours of *AMA PRA Category 1 Credit™* for physicians; this program has been prior approved by the American Association of Nurse Anesthesiology for 20 Class A CE Credits; Code Number 1046171; Expiration Date 3/6/2026.

Holiday Seminars accepts no commercial support of any kind and ensures that all presentations are free from commercial bias. None of the planners for this educational activity have relevant financial relationship(s) to disclose with ineligible companies. All of the relevant financial relationships disclosed by the speakers have been mitigated.

### RESPONSIBILITY

These study seminars outlined herein will be carried out under the business management of Holiday Seminars, Inc. Holiday Seminars and its agents hold itself free from responsibility with hotel accommodations, tours, motorcoach, car, and any other means of transportation, damages, strikes, loss, injury, accidents, a pandemic, sickness, death, acts of terrorism, travel risks, change of schedule, and/or inconvenience to passengers and belongings. See our website for Attendee/Traveler Responsibilities.

### CANCELLATION POLICY

For cancellations more than 60 days prior to the first event of the seminar, the cancellation fee is \$100 (to cover credit card fees and administrative costs). For cancellations 30–60 days prior to the first event, the cancellation fee is \$200. There are no refunds for cancellations less than 30 days prior to the first event; however, the tuition can be applied to a future seminar through the next year. If the seminar can't take place as originally planned due to the pandemic, you will still be able to access the lectures in video format and earn the credits, or the tuition can be applied to a future seminar through the next year. Lodging refunds vary according to individual properties.

## REFER A COLLEAGUE OR FRIEND... GET A BONUS

Share your knowledge of Holiday Seminars with fellow friends and colleagues... refer them to Holiday Seminars and receive a bonus just for you! Refer a first-time attendee to any one of our meetings, and tell our office who you referred ahead of the seminar. Once they sign-up and attend one of our premier continuing education seminars, we'll give you \$50! There's no limit - refer as many friends as you like and you'll receive \$50 for each one! The Holiday Seminars team sincerely thanks you for all of your continued support.

# Registration Form

Register online at [www.HolidaySeminars.com](http://www.HolidaySeminars.com) or complete this form and email to: [office@HolidaySeminars.com](mailto:office@HolidaySeminars.com). Please check appropriate boxes and print clearly!

CONTACT US IF YOU DON'T RECEIVE CONFIRMATION WITHIN 2 WEEKS

## ASPEN ANESTHESIA • January 31–February 7, 2026

### TUITION BY DECEMBER 31, 2025

- \$1,225 Physicians, CRNAs, and Other Healthcare Professionals  
 \$1,025 Physicians and Nurses in Training (Letter from Chairman Required)

### LATE TUITION AFTER DECEMBER 31, 2025

- \$1,325 Physicians, CRNAs, and Other Healthcare Professionals  
 \$1,125 Physicians and Nurses in Training (Letter from Chairman Required)

### LIVESTREAM ONLY TUITION

(FOR REMOTE PARTICIPATION ONLY, NOT TRAVELING ON-SITE)

- \$750 Physicians, CRNAs, and Other Healthcare Professionals

### EARLY REGISTRATION BONUS (by 10/31/2025, see details on page 3)

- \$50 Ski Rental Gift Card to Gene Taylor's Sports<sup>2</sup>  
 \$75 Merchandise Gift Card to Gene Taylor's Sports<sup>3</sup>

### ADDITIONAL ALUMNI BONUS

If this is your 3rd (or more) Holiday Seminars conference, please check one:

- \$60 Gene Taylor's Gift Card OR  \$40 Aspen Skiing Co. Gift Card

This is a small token of thanks for continuing to choose Holiday Seminars.



Dr., Mr., Mrs., Ms. \_\_\_\_\_

Degree:  MD  DO  CRNA (AANA # \_\_\_\_\_)  AA  PA  RN \_\_\_\_\_ Other \_\_\_\_\_

MD/DO: Provide your 8-digit ABA # if you'd like us to report credits for PARS/MOCA: \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone (work, home, mobile) \_\_\_\_\_

Email Address<sup>2</sup> \_\_\_\_\_ Password<sup>2</sup> \_\_\_\_\_

This will be your Login at [www.HolidaySeminars.com](http://www.HolidaySeminars.com)

This will be your Password at [www.HolidaySeminars.com](http://www.HolidaySeminars.com)

I have/will reserve lodging at (hotel/bondo) \_\_\_\_\_

The reservation is in the name of \_\_\_\_\_

Payment:  Check enclosed (payable to Holiday Seminars)  Visa  MasterCard

Account # \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVV (3-digit code) \_\_\_\_\_

**By initialing here and registering for Holiday Seminars, you accept the Attendee/Traveler Responsibilities posted on our website. (mandatory to register)**

Authorized Signature \_\_\_\_\_

<sup>2</sup>You will need a Login and Password to be able to affirm your attendance hours and print/download your certificate of attendance at [www.HolidaySeminars.com](http://www.HolidaySeminars.com).

To learn more about our amazing seminars, visit our website at [www.HolidaySeminars.com](http://www.HolidaySeminars.com) or call us at 970-923-9650. Plus follow us on our social media channels to keep up-to-date!



## MAUI ANESTHESIA

February 28–March 7, 2026

Hyatt Regency Maui Resort & Spa • 20 Hours Credit  
A Seminar Located on a Tropical Island Paradise



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Earn 20 to 22 CMEs online anytime, anywhere... even from the comfort of your favorite chair!



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## ASPEN ANESTHESIA

January 30–February 6, 2027

Viceroy Snowmass Resort • 22 Hours Credit  
Ski-In, Ski-Out Seminar on 3,300 Acres of Ski Terrain



The Holiday Seminars staff and experience are top notch. You guys are the gold standard for CME meetings.



-Aspen Anesthesia Attendee